

## INFORMED CONSENT FOR THE INTENDED PARENTS

The next procedure in your egg donor process will be to meet with a psychologist that specializes in the psychological dimensions of infertility and egg donation. As future caring and responsible parents, we would like you to become acquainted with how children born through egg donation are the same and also different from children born in the traditional manner.

There are many ways that families are made today. Egg donation, various forms of adoption, sperm donation, surrogacy, traditional conception and stepfamilies are the most common ones. Almost all children have issues that come up during their life that are unique to their families or to them. Your consultation will help you understand your future child's uniqueness and the issues that they may experience. The main goal of the consultation is to help you think through your choices, gain a deeper understanding of the issues and make choices that will help your family be healthy and happy. Examples of issues we may discuss include:

- A brief review of your infertility history.
- Your level of comfort with your choice to pursue donor egg insemination.
- Similarities and differences that your child may have with children that come from sperm donation, surrogacy, the traditional family unit, adoption and step-families.
- Reasons to consider why you may want to (or not want to) tell your child about his or her genetic origins. Every couple is different, bringing unique and important issues that impact the choice that is best for them. If you plan to tell your child, we will discuss choices about when and how to provide the information and how they may respond.
- How to handle supportive or intrusive questions of friends and family. Consideration on how much you may want to tell others vs. protecting your child's right to privacy.

Discussing this information will provide you with a deeper understanding of your future child's psychological experiences and needs regarding their genetic makeup. And it will also make you a better parent. Any questions or issues that you would like to bring up are highly encouraged. Some couples like to bring a list of questions or a pad of paper for taking notes. After your consultation, Dr. Swartout will send a brief report to your referring doctor or organization confirming basic summary information. The report is confidential and will remain in your medical file. Please call me when you are ready to schedule your appointment.

Sincerely,

Ilyssa Swartout, Psy.D.  
Licensed Psychologist

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Intended Parent	Signature	Print Name	Date
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