

Name: _____

Child/Teen General Symptom Checklist

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

0	1	2	3	4	NA
Never	Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known

Ch/Tn Parent

- ___ ___ 1. depressed or sad mood
- ___ ___ 2. not as much interest in things that are usually fun
- ___ ___ 3. significant recent weight or appetite changes
- ___ ___ 4. recurrent thoughts of death or suicide
- ___ ___ 5. sleep changes, lack of sleep or marked increase in sleep
- ___ ___ 6. low energy or feelings of tiredness
- ___ ___ 7. feelings of being worthless, helpless, hopeless or guilty
- ___ ___ 8. plays alone or appears socially withdrawn
- ___ ___ 9. cries easily
- ___ ___ 10. negative thinking
- ___ ___ 11. periods of an elevated, high or irritable mood
- ___ ___ 12. periods of a very high self esteem or big thinking
- ___ ___ 13. periods of decreased need for sleep without feeling tired
- ___ ___ 14. more talkative than usual or feel pressure to keep talking
- ___ ___ 15. fast thoughts or frequent jumping from one subject to another
- ___ ___ 16. easily distracted by irrelevant things
- ___ ___ 17. marked increase in activity level
- ___ ___ 18. cyclic periods of angry, mean or violent behavior
- ___ ___ 19. periods of time where you feel intensely anxious or nervous
- ___ ___ 20. periods of trouble breathing or feeling smothered
- ___ ___ 21. periods of feeling dizzy, faint or unsteady on your feet
- ___ ___ 22. periods of heart pounding, fast heart rate or chest pain
- ___ ___ 23. periods of trembling, shaking or sweating
- ___ ___ 24. periods of nausea, abdominal upset or choking
- ___ ___ 25. intense fear of dying
- ___ ___ 26. lacks confidence in abilities
- ___ ___ 27. needs lots of reassurance
- ___ ___ 28. needs to be perfect
- ___ ___ 29. seems fearful and anxious
- ___ ___ 30. seems shy or timid
- ___ ___ 31. easily embarrassed
- ___ ___ 32. sensitive to criticism
- ___ ___ 33. bites fingernails or chews clothing
- ___ ___ 34. persistent refusal to go to school
- ___ ___ 35. excessive fear of interacting with other children or adults
- ___ ___ 36. persistent, excessive fear (heights, closed spaces, specific animals, etc.) please list _____
- ___ ___ 37. excessive anxiety concerning separation from home or from those to whom the child is attached.
- ___ ___ 38. recurrent bothersome thoughts, ideas or images which you try to ignore
- ___ ___ 39. trouble getting "stuck" on certain thoughts, or having the same thought over and over
- ___ ___ 40. excessive or senseless worrying
- ___ ___ 41. others complain that you worry too much or get "stuck" on the same thoughts
- ___ ___ 42. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling
- ___ ___ 43. needing to have things done a certain way or you become very upset

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- ___ 44. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire, etc.), please list _____
- ___ 45. recurrent distressing dreams of a past upsetting event
- ___ 46. feelings of reliving a past upsetting event
- ___ 47. spend effort avoiding thoughts or feelings related to a past trauma
- ___ 48. feeling that your future is shortened
- ___ 49. startle easily
- ___ 50. feel like you're always watching for bad things to happen
- ___ 51. refusal to maintain body weight above a level most people consider healthy
- ___ 52. intense fear of gaining weight or becoming fat even though underweight
- ___ 53. feelings of being fat, even though you're underweight
- ___ 54. recurrent episodes of eating large amounts of food
- ___ 55. a feeling of lack of control over eating behavior
- ___ 56. engage in activities to eliminate excess food, such as self induced vomiting, laxatives, strict dieting or strenuous exercise
- ___ 57. persistent worry with body shape and weight
- ___ 58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking). How long have motor tics been present? _____ How often? _____ describe _____
- ___ 59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing). How long have verbal tics been present? _____ How often? _____ describe _____
- ___ 60. repetitive, seemingly driven motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing of objects, self-biting, picking at skin or bodily orifices, hitting own body) that interferes with normal activities or results in self-inflicted bodily injury that requires medical treatment (or would result in an injury if preventive measures were not used).
- ___ 61. passage of feces in inappropriate places (e.g., clothing or floor).
- ___ 62. bed wetting. If present, how often? _____
- ___ 63. failure to speak in specific social situations (in which there is an expectation for speaking, e.g., at school) despite speaking in other situations.
- ___ 64. delusional or bizarre thoughts (thoughts you know others would think are false)
- ___ 65. visual hallucination, seeing objects or images are not really present
- ___ 66. hearing voices that are not really present
- ___ 67. odd behaviors
- ___ 68. poor personal hygiene or grooming
- ___ 69. inappropriate mood for the situation (i.e., laughing at sad events)
- ___ 70. frequent feelings that someone or something is out to hurt you
- ___ 71. problems with social relatedness before the age of 5, either by failing to respond appropriately to others or becoming indiscriminately attached to others
- ___ 72. multiple changes in caregivers before the age of 5
- ___ 73. steals
- ___ 74. bullies, threatens, or intimidates others
- ___ 75. initiates physical fights
- ___ 76. cruel to animals
- ___ 77. force others into things they do not want to do (sexually or criminally)
- ___ 78. sets fires
- ___ 79. destroys property
- ___ 80. break in to others home, school, car or place of business
- ___ 81. lies
- ___ 82. stays out at night despite parental prohibitions
- ___ 83. runs away overnight
- ___ 84. cuts school
- ___ 85. doesn't seem sorry for hurting others
- ___ 86. negative, hostile, or defiant behavior

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- ___ ___ 87. loses temper
- ___ ___ 88. argues with adults
- ___ ___ 89. actively defies or refuses to comply with adults' requests or rules
- ___ ___ 90. deliberately annoys people
- ___ ___ 91. blames others for his or her mistakes or misbehavior
- ___ ___ 92. touchy or easily annoyed by others
- ___ ___ 93. angry and resentful
- ___ ___ 94. spiteful or vindictive
- ___ ___ 95. impairment in communication as manifested by at least one of the following:
- delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
 - in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
 - repetitive use of language or odd language
 - lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level
- ___ ___ 96. impairment in social interaction, with at least two of the following:
- marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
 - failure to develop peer relationships appropriate to developmental level
 - lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)
 - lack of social or emotional reciprocity
- ___ ___ 97. repetitive patterns of behavior, interests, and activities, as manifested by at least one of following:
- preoccupation with an area of that is abnormal either in intensity or focus
 - rigid adherence to specific, nonfunctional routines or rituals
 - repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
 - persistent preoccupation with parts of objects
- ___ ___ 98. stutters
- ___ ___ 99. feel tired during the day
- ___ ___ 100. feel cold when others feel fine or they are warm
- ___ ___ 101. often feel warm when others feel fine or they are cold
- ___ ___ 102. problems with brittle or dry hair
- ___ ___ 103. problems with dry skin
- ___ ___ 104. problems with sweating
- ___ ___ 105. problems with chronic anxiety or tension